











Fitrus Band

Quick Guide

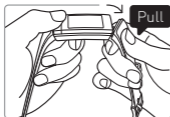
EN Quick Guide

- | | | |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
|  Run mode |  Step counter |  Sleep tracker |
|  Blood pressure |  Heart rate |  Temperature |
|  Notifications |  Activity notifications | |

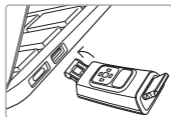
1 Start using

1.1 Charging

To charge the Fitrus Band, remove straps on both sides, plug the blue connector into the USB port on your computer or plug it into the charger.



Remove the straps



Insert into the USB port or charger

Notes

- Please charge the Fitrus Band by inserting the blue connector into the USB metal direction.
The charging icon is being displayed when charging starts normally.
- Make sure to connect the device properly and if the charging icon does not appear on the display, please try reconnecting it.

1.2 Power on

Press the touch sensor below the display and hold for a few seconds to turn on the Fitrus Band.

Power off

Go to the power-off screen and press the touch sensor and hold to turn off the Fitrus Band.

1.3 Download and install APP

Scan the QR code to download it directly or search Fitrus in Google Play Store or Apple App Store.



1.4 Connect the device to your mobile phone

Start the Fitrus App(hereinafter called App) and set up your account, profile, and other data according to the Fitrus App guides.

1.5 Basic operation

Simply press the touch sensor and move to different screens.

2 Basic functions

2.1 The Fitrus Band can automatically detect your daily activity data(steps, distance, calories burned, etc.).

You may check them on the activity screen.

2.2 The Fitrus Band can automatically collect your sleeping pattern.

Check your sleep quality on the Fitrus Band. After manually turning on the scientific sleep mode, more diverse sleep patterns such as naps or irregular breaks (ex. night shift schedules) can be analyzed.

2.3 The Fitrus Band supports heart rate/blood pressure measurement.

Press the touch sensor to move to the heart rate/blood pressure screen and start testing.

2.4 The Fitrus Band supports Run mode.

Press the touch sensor to move to the Run mode screen.
Press and hold the touch sensor to begin Run mode.

2.5 On the Fitrus Band screen, you can only see the basic data.

For more detailed data, sync the Fitrus Band with our App.
Measured data is stored on the Fitrus Band for 3-5 days.
Connect to the App every day to prevent data loss.

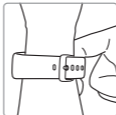
Notes

- If the user's skin is too dry, it is suggested to apply a gel, lotion, or put a hot towel on your wrist for a while for proper measurement.
- The measurement may not be accurate if you speak during the measurement.

- When the scientific sleep mode is turned on, more precise measurements are required to collect PPG signals. So please wear the **Fitrus Band** tight enough, allowing only one finger to fit inside the band so that the rear sensor of the Fitrus band can fully touch your wrist.



Wear the **Fitrus Band** tight enough to fully touch your skin.



Just allow only one finger to fit inside the band.



Place your finger directly on the sensor for accurate measurement.

- Make sure that the sensor touches your wrist properly to measure heart rate, blood pressure. If the **Fitrus Band** is too loose or too tight on your wrist, it may affect the measurement results.
- Keep relaxing and do not speak while measuring heart rate, blood pressure. You can activate or deactivate the auto-measurement feature from the **Fitrus App** settings menu.
- Regular sleep monitoring techniques are based on the activity instead of the physical feature index of the body. The data is just a reference to reflect general status. Sleep and wake-up status is recognized by various time and pattern data. Lying down quietly may be captured as a sleeping status.
- The **Fitrus Band** is made of harmless materials, so it is safe to wear it daily. If any skin irritation occurs due to an allergy, environmental factors, or any other factors, stop using your **Band** and consult your doctor immediately.
- The **Fitrus Band** is not a medical device. Please use the data as a reference.

3 Reminder function

3.1 **Call reminder**

The Fitrus Band vibrates to remind the incoming calls on your mobile phone.

You can mute or reject the call through your device.

3.2 **Message push**

When a new message is received on your mobile phone, the Fitrus Band will vibrate to remind you and shows the message on the screen.

⚠ Notes

- The Fitrus Band's call/message notification function works only when connected to a mobile phone.
- Please enable the notification function on your mobile phone and turn on the message notification function of the **Fitrus App**.

4 Water resistance

4.1 The Fitrus Band has been tested in a controlled environment and certified to be water-resistant in specific situations and conditions.

4.2 The water resistance function may deteriorate over time.

4.3 **Suggested to use in occasions**

washing hand, rainy day, playing in the shallow water area.

Stop using it while taking a hot shower, diving, surfing, etc.

⚠ Notes

The following circumstances may damage the water-resistance feature of the Fitrus Band.


- Avoid dropping, hitting, or any physical damages.
 - Avoid leakages from soap water, shower gel, detergent, perfume, lotion, oil, etc.
 - Do not use the device while taking a hot bath, spa, or under any kind of high temperature/moistful occasion.
- 4.4 It is beyond our warranty scope if the damage was caused by the liquid leakage.





The logo features the letters 'OSD' in a bold, black, sans-serif font. Below it, the words 'ONE SOFT DIGM' are written in a smaller, black, all-caps, sans-serif font. The background consists of several overlapping, white-outlined triangles of varying sizes and orientations, creating a dynamic, geometric pattern.


OSD

ONE SOFT DIGM

 +82-54-282-4467

 +82-50-4047-8250

 osd.sale@onesoftdigm.com

 CHANGEUP GROUND #401 #402, 87 Cheongam-ro,
Nam-gu, Pohang-si, Gyeongsangbuk-do 37673,
Republic of Korea